

Week one

09/04 30/04 21/05 09/07 01/10 22/10

Monday

Choose a main meal...
Mozzarella & Tomato Pizza ?
with Pasta Salad**
Cheese Wrap ?

on the side...
Carrot Batons
Choice of Fresh Seasonal
Salads

for dessert...
Apple Flapjack*

Tuesday

Choose a main meal...
Chicken Mayo Burger with
Jacket Wedges
Vegetable & Noodle Stir Fry ?

on the side...
Green Beans
Choice of Fresh Seasonal
Salads

for dessert...
Mini Chocolate Brownie with
Banana* & Custard

Wednesday

Choose a main meal...
Roast Pork with Roast
Potatoes & Gravy
Quorn Roast ? with Roast
Potatoes & Gravy

on the side...
Spring Cabbage
Choice of Fresh Seasonal
Salads

for dessert...
Blueberry Frozen Yoghurt*

Thursday

Choose a main meal...
Savoury Beef with Rice**
Macaroni, Cheese &
Sweetcorn Bake ?

on the side...
Broccoli
Choice of Fresh Seasonal
Salads

for dessert...
Crunchy Chocolate Biscuit
with Fruit Slices*

Friday

Choose a main meal...
Crispy Fish & Chips
Veggie Hot Dog ? with Chips

on the side...
Carrot Batons & Peas, Baked
Beans
Choice of Fresh Seasonal
Salads

for dessert...
Orange Jelly with Mandarin
Segments*

Week two

16/04 07/05 04/06 25/06 16/07 17/09 08/10

Choose a main meal...
Mac 'N' Cheese ?

Vegetarian Meatballs in a
Tomato Sauce ? with
Wholegrain Rice **

on the side...
Broccoli

Choice of Fresh Seasonal
Salads

for dessert...
Vanilla Ice Cream with
Sliced Peaches*

Choose a main meal...
Pork Sausages with Creamy
Mash & Gravy

Vegetarian Sausages ? with
Creamy Mash & Gravy

on the side...
Carrot Batons

Choice of Fresh Seasonal
Salads

for dessert...
Chocolate & Banana Mousse
Pot*

Choose a main meal...
Roast Chicken with Roast
Potatoes & Gravy

Cheese and Potato Pie ?
with Roast Potatoes & Gravy

on the side...
Roasted Vegetables

Choice of Fresh Seasonal
Salads

for dessert...
Oatie Biscuit with Fruit Slices*

Choose a main meal...
Traditional Beef Lasagne with
a Garlic & Herb Bread Wedge
Creamy Tomato & Basil
Pasta ?**

on the side...
Fresh Cauliflower

Choice of Fresh Seasonal
Salads

for dessert...
Carrot & Banana Slice with
Custard*

Choose a main meal...
Golden Fish Fingers & Chips
Quorn Burger in a Bun ? with
Chips

on the side...
Carrot Batons & Peas, Baked
Beans

Choice of Fresh Seasonal
Salads

for dessert...
Lemon Shortbread Biscuit
with Fresh Melon*

Week three

23/04 14/05 11/06 02/07 03/09 24/09 15/10

Choose a main meal...
Vegetable Supreme Pizza ?
with Jacket Wedges
Vegetarian Bolognese ?**

on the side...
Carrot Batons

Choice of Fresh Seasonal
Salads

for dessert...
Mango Frozen Yoghurt*

Choose a main meal...
Creamy Chicken Curry with
Wholegrain Rice**
Vegetable Lasagne ?

on the side...
Fresh Cauliflower

Choice of Fresh Seasonal
Salads

for dessert...
Chocolate & Mandarin
Sponge* with Custard

Choose a main meal...
Roast Turkey with Roast
Potatoes & Gravy

Shepherdess Pie ? with
Gravy

on the side...
Broccoli

Choice of Fresh Seasonal
Salads

for dessert...
Carrot & Pineapple Cake*

Choose a main meal...
Pasta Bolognese**
Mild Potato & Chickpea Curry
? with Rice**

on the side...
Roast Mediterranean
Vegetables

Choice of Fresh Seasonal
Salads

for dessert...
Custard Biscuit with Fruit
Slices*

Choose a main meal...
Salmon Fish Fingers*** or
Golden Fish Fingers with
Chips
Quorn Sausage ? & Tomato
Pasta Bake

on the side...
Carrot Batons & Peas, Baked
Beans

Choice of Fresh Seasonal
Salads

for dessert...
Strawberry Jam & Coconut
Sponge* with Custard

Our chicken
and milk
are Red
Tractor
approved



WE BUY **95%**
of our seasonal
vegetables
direct from
British growers



ALL OUR BEEF
is from
THE UK OR
IRELAND

FRESH SALAD

IS AVAILABLE ON
A DAILY BASIS

REDUCING OUR
CARBON
FOOTPRINT

OVER **30%**
of our products are
transported by vehicles
that run on biodiesel



All our
bananas are
FAIRTRADE



Chartwells
EAT LEARN LIVE

All of our bread is baked fresh every day

We have a fresh salad bar available daily

*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian



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WE SUPPORT
BRITISH
DAIRY
FARMS



We only use
Lion Quality
British Eggs

FARM TO FORK

We can trace every
cut of meat back to
the farms of origin

ALL OUR
BREAD IS

FRESHLY BAKED
EVERY DAY